

# Leadership Workshop Checklist

**Name:** \_\_\_\_\_

Leadership Essential Questions Completed Spring 2014 (y/n)	Try #:		Comments:
	1	2	
<b>Marching Fundamentals</b>			
Attention – Horn Carriage Down			
Heels and Toes Together			
Shoulders Back			
Chins up			
Hands at Sternum Level - 12"			
Elbow at 90-Degree angle			
Saxes level - 6" in front			
Horn Carriage - Up			
Shoulder Back - Hips Forward			
Bells and faces 5-degrees			
Flutes on table-tops			
Forearms 90-degree angle			
Mark time			
Heel to ankle			
Down on the beat - up on the &			
Shoulders Back			
Forward March			
Prep on the & of the beat			
Heel hits first; toe 45-degrees up			
Roll-glide through; ball hits on &			
	<b>1</b>	<b>2</b>	
Traveling foot crosses at &; low			

Feet in ski's			
Lead with hips			
Upper Body - completely still			
Backward March			
Prep on & "Up"			
Still in Ski's			
Stay on toes			
Traveling foot stays low			
Point toe as it leaves the ground			
Traveling foot crosses on the &			
Remember upper body carriage			
Slide			
Upper body pts. to center of box			
Everything else stays the same			
Hips stay in direction of mvmt			
Pull shoulder back to slide			
Step Size			
8 to 5			
16 to 8 up to 6 to 8			
Dress Right, L, and Cr; Cover Down			
Align shoulders			
Dress to adjacent person			
Dress Diagonal			
	<b>1</b>	<b>2</b>	
FP and BP mark their spots			
All players face the front person			
Front person sets the angle setter			
All others adjust accordingly			

Dress Intervals			
Maintain same space on sides			
Cheat Steps			
When next move is to foot's right			
Box Drill			
All four directions			
Maintain proper slide carriage			
Integrate proper cheats			
<b>Commands</b>			
Attention			
Mark Time			
Halt			
<b>Sectional</b>			
Written Lesson Plan			
Objective			
Strategies			
Assessment			
Warm-Up			
	<b>1</b>	<b>2</b>	
Breathing			
Posture			
Tone			
Technique			
Repertoire			
Uniform Check			
Shako – Bill at eyebrows			
Plume – Color and fabric			
Pants – Fitted (“quarter break”)			

Jacket – Sleeves fitted to carpo.			
Socks – Long, black, pulled up			
Shoes – Clean and tied			
Gloves – Clean and on			
Hair – Inside shako			
Jewelry -- None			
<b>Survey</b>			
Plural Pronouns:	Exit Feedback:		